

# Summer 2023

## Swimming Lesson Information

### Preschool - Ages 4-5 Years

Gives young children a positive, developmentally appropriate aquatic learning experience that emphasizes water safety, survival, and foundational swimming concepts.

- Level 1- Basic skills to increase comfort and confidence.
- Level 2- Fundamental skill such as floating and basic locomotion
- Level 3- Coordination of simultaneous and alternating arm and leg actions

### Learn to Swim – Ages 6 Years and up

Based on a logical, level progression that helps swimmers develop their water safety, survival, and swimming skills. It is designed to give participants a positive learning experience.

- Level 1- Introduction to water skills
- Level 2- Fundamental aquatic skills
- Level 3- Stroke development
- Level 4- Stroke improvement

### Class Information:

Days: Monday-Thursday, 2-week sessions

Fee: \$50 per session

Class Size: Minimum 3/ Maximum 8

### Registration: In Person Only

Monday, May 22- Friday, May 26

12:00pm-6:00pm

Mineral Wells Aquatic Center located at 1200 W Hubbard Street

### For more information

Mineral Wells Parks and Recreation Department  
940.328.7803 or [mineralwellstx.gov/parks](http://mineralwellstx.gov/parks)

