

**CITY OF MINERAL WELLS
PARKS & RECREATION DEPARTMENT
Fall 2023 ADULT VOLLEYBALL LEAGUE RULES**

I. General Information

- A. The City of Mineral Wells Parks & Recreation Department Volleyball League's teams will be registered with the Texas Amateur Athletic Federation (T.A.A.F.).
- B. In all leagues, the final standings for that league will be determined by the final win-loss records. Any ties will be settled by the following criteria:
 - 1st) Head-to-head wins and losses of teams tied.
 - 2nd) If still tied, point differential between teams tied.
 - 3rd) Least number of games forfeited.
 - 4th) Total season's point differential.
 - 5th) Playoff game.(If there is a tournament offered at the end of season, type of tournament offered will depend on the number of teams registered. The round robin play will determine seeding for the tournament.)

II. Player Eligibility:

(Players must meet the following requirements in order to participate in a league game.)

- A. The players must be listed on the team roster/waiver with their printed name, complete address, contact number and signature on the roster/waiver. Score sheets will be checked by the Parks & Recreation Department to determine that all players who participate are on the roster/waiver.
- B. Players must be at least sixteen (16) years of age as of September 2023. If a player is less than eighteen (18) years old, they must have a parent or **legal** guardian's signature on the roster/waiver to participate.
- C. Players may be listed on only one team roster/waiver per league.

III. Rosters

- A. A roster/waiver must be submitted to the Recreation Coordinator prior to each team's first league game. Teams will not be allowed to play, and will be assessed forfeits, until a **completed** roster/waiver form has been submitted.
- B. Rosters will be limited to twelve (12) players for men's and women's leagues. Co-ed league rosters will be limited to thirteen (13) players. Teams may add or drop players through the end of the season, unless otherwise stated. If there is a tournament offered at end of season, the last day to add players will be the final game of round robin play. No players may be added going into tournament play.

IV. Playing Rules

The current playing rules of the U.S.A. Volleyball will be the official playing rules of this league. Any exception or additions to U.S.A. Volleyball Rules are listed as follows:

- A. All round robin games will be (3) sets per game. All games will be played for each set. **Exception:** if tournament play is offered for that season, tournament play will be played best two out of three sets. If the set is split, a third set will be played.
- B. The time limit for the 1st two sets will be twenty (20) minutes & the 3rd set will be fifteen (15) minutes. Each game will be played to a rally score of 25 points unless time has expired. A two (2) point advantage is required to win the game. If time has expired, and no team is ahead by two (2) points, play will continue until the 1st team hits the 30-point cap. For tournament play, the first two (2) sets will be played to 25 points, or twenty (20) minute time limit. If set is split, the third game will play to fifteen (15) points, must win by two (2) points with a fifteen-minute time limit or 20-point cap.
- C. A coin toss will determine which team will serve first and the side of court for each team. The winner of the coin toss will have the option of serving first, or their choice of court side. The remaining choice will be given to the loser of the coin toss. Teams will change sides after the first set. Another coin toss will take place prior to the third set.
- D. First set time will be forfeit after ten (10) minutes late. The second set will be forfeited after twenty (20) minutes late. All 3 sets will be forfeit after thirty (30) minutes late. Teams may play with a minimum of four (4) players. The four (4) players must include a minimum of two (2) female players for co-ed leagues. The opposing team does not have to play with four (4) players.
- E. Starting lineups must be turned in to the scorekeeper, by each team, five (5) minutes prior to each game.
- F. Co-ed teams may play with as many female players as they wish, but never more male players than female players. A team with only two (2) female players can play with only two (2) male players. Teams can play with a maximum of six (6) players on the court. Teams with five (5) to six (6) players must have at least three (3) female players on the court.
- G. Teams may substitute by direct substitution or rotation substitution. You can only choose one option & it can be changed after each set, but you must let the scorekeeper know before each set starts. Direct substitution requires one player to replace another, and only those two players become interchangeable per set.
- H. A male back row player may move to the front row, **for blocking purposes only**, when there is only one male on the front row at the time of the serve. Each team

will be allowed two (2) thirty second time outs for the 1st 2 sets & 1 thirty second time out for the 3rd set.

- J. In co-ed leagues, a female player must contact the ball if the team contacts the ball more than once while the volleyball is on their side of the net.
 - K. Any volleyball that strikes an overhead object on the side of the net of the team playing the volleyball, the volleyball will remain in play. (For example: if the volleyball strikes the ceiling, rafters, or lights, it will remain in play.) If the volleyball strikes the ceiling, rafters, or lights on the opponent's side of the net, the volleyball will be ruled dead. Also, if the volleyball strikes the basketball goals, bleachers, or wall on either side of the court, the volleyball shall be ruled dead.
 - L. Spiking will not be allowed in a recreational league unless both teams agree to allow spiking. Before the beginning of each match, the official will consult with the team captains to determine if spiking will be allowed.
- V. Equipment and Uniforms
- A. The net will be set at the height specified for the league by the current U.S.A. Volleyball rules. (Currently 7' 11 & 5/8")
 - B. The Mineral Wells Parks & Recreation Department will furnish the volleyball for match play.
 - C. Teams will not be required to have matching uniforms.
- VI. Forfeits
- A. If a team receives a forfeit, they will have use of the court for practice until ten (10) minutes before the next scheduled match time. The referee and scorekeeper will not officiate forfeits.
 - B. Any team that forfeits a game, the opposing team will be rewarded with a 3-0 win and given 25-0, 25-0 & 15-0 points.

VII. Disciplinary Action

Any player or coach ejected from a set will be automatically suspended from their team's next set(s). Team managers will be responsible for withholding players from participation during a suspension. Additional suspensions may be given as deemed necessary by the Parks & Recreation Superintendent. The Parks & Recreation Department will give written notice of any suspensions exceeding the automatic suspension. Any player who has been ejected must leave the City of Mineral Wells Gymnasium, and surrounding property owned by the City of Mineral Wells, immediately. If the ejected player(s) does not leave, that player is in violation of Texas Penal Code Chapter 30.05 (Criminal Trespass) and will be subject to arrest.

The Parks & Recreation Department will have the authority to expel any player(s) or team(s), from the league and/or facility, for any period of time deemed appropriate for more serious violations of conduct.

VIII. Inclement Weather

In the event of inclement weather (i.e., snow or ice), please call the Parks & Recreation Department after 3:00 p.m., to check the status of scheduled matches for that day. The number to call is 940-328-7803.